FAQ about Personal Counseling

⇒ **Question:** Must I send the student to see Sandra Luckie first so that she can refer them to New Directions?

**Answer:** NO. You are certainly welcome to send them to her, but you are not required to do so. HOWEVER…you will need to either complete the *Personal Counseling Request Form* and send it to Sandra OR call Sandra and let her know that you referred the student and she will complete the form. At minimum, please tell Sandra your name, the student’s name and the student’s I.D. number.

⇒ **Question:** Are referrals to be made only by Advisors and Instructors?

**Answer:** NO. Any NCSC faculty and/or staff member can refer a student for counseling services. Just be sure to either complete and send the request form to Sandra OR contact and provide Sandra with your name, the student’s name and the student’s I.D. number.

⇒ **Question:** Must I call New Directions for the student?

**Answer:** NO. In most cases it is best for the student to make that call and make a self-referral. You may give the student the number to New Directions (419-529-9941) and allow them to make that call. They are NOT required to make that call in your presence. You will still need to either complete and send the request form to Sandra OR contact Sandra and provide her with your name, the student’s name and the student’s I.D. number.

⇒ **Question:** What services will the student be able to receive?

**Answer:** Counseling sessions ONLY. Other services previously offered through the Student Assistance Program (SAP) will NOT be available.

⇒ **Question:** How many counseling sessions will the student be allowed to receive?

**Answer:** Six (6) counseling sessions for the academic year.