National TRIO Day of Service

National TRIO Day is a day of service meant to focus the nation’s attention on the needs of TRIO students who aspire to improve their lives through education and service. This year several students and staff of the TRIO Student Support Services program at North Central State College, along with students from the OTA Program, Human Services, and PTK members spent February 22, 2014, volunteering at the Harmony House in Mansfield, OH. Walls were washed and painted, floors were swept and mopped, linens were folded and stacked, the toy room was scrubbed and organized, the kitchen was cleaned thoroughly, the pantry was completely reorganized and restocked, and the annex was straightened up. Also, cleaning supplies and hygiene items were donated thanks to generous donations of the NCSC community. We would like to extend a special thanks to Denise Hendershott, Teresa Van Dorn, and Barb Keener and to our student volunteers, for lending a helping hand. We truly appreciate the assistance from everyone who participated in this day of service!

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MISSION STATEMENT

The TRIO Student Support Services program provides and coordinates a variety of educational support services for students who are first generation, low-income and/or students with disabilities. The purpose of the program is to increase college retention, graduation and transfer rates to four-year institutions for eligible members.

VISION STATEMENT

Our vision is to encourage college degree attainment by cultivating and inspiring personal and academic excellence in participants.

STAFF

Ashley C. Benson
Project Director
Monica Durham
Project Advisor
Jill Kubasek
Administrative Assistant
Budgeting for Life After Graduation  
by Monica Durham

After the excitement of graduation wears off and you settle into your new post-college, independent life, you’ll quickly become aware of all the expenses necessary to live. You can make things easier on yourself, and stretch your paycheck, if you proactively plan for all the costs you might run into over the course of a year.

Considerations for Your First Job
In addition to having an idea of where you would like to work after college, you also need to take into consideration where you will live. Before you accept a job offer, be sure to research the cost of living where the new job is located. You will want to make sure that your new salary will cover the cost of living, and allow for adequate savings!

If you know what an average starting salary is in your field, you can get an idea of how your finances will look when you start your job. (Remember: Your net salary, or actual take-home pay, is your gross salary minus taxes, insurance, and other employee costs.) You can get a good idea of the average starting salary in your field by doing some quick research on the Internet. A good place to start is Career Coach which is located on NC State’s main page: www.ncstatecollege.edu/toolkit.

The Job Search
Be sure to set aside funds in your budget for your post-college job search. If you don’t have a job already lined up for after college, consider taking a temporary job, either before or after graduation, that allows you flexible hours so that you can shift your schedule as needed. This will give you the flexibility and time to go to a job interview, network with professional groups, and work on your résumé and skills set.

Getting into the habit of using budget worksheets will teach you to keep track of your finances and assess your income and spending patterns. For more information about developing a personal budget and other financial literacy tools, visit www.cashcourse.org.

Contact the TRIO Office to schedule a time to speak with your TRIO Advisor (either Ashley or Monica) to discuss ways that the TRIO program can assist you in your job search such as reviewing your resume. Also, you can access a variety of career development resources through the Career Toolkit located on the College’s website. An important feature to note is College Central Network which lets NC State students and alumni view job postings and tools to brush up on job seeking skills.

Source: www.cashcourse.org

Spring Bucket List

- Go for a bike ride
- Spring clean & donate stuff
- Take a nature hike
- Fly a kite
- Go on a picnic
- Feed the ducks
- Play croquet
- Plant some flowers
- Have a barbeque
- Visit a park
- Pick strawberries

“The measure of who we are is what we do with what we have.”  
—Vince Lombardi

Online tutoring offered through the Ohio Consortium

Students have access to a valuable online tutoring resource at no cost to you for the following subjects:

- Anatomy & Physiology
- Biology
- Calculus
- Chemistry
- Math
- Physics
- Statistics
- English

To get to this resource go to etutoring.org. Login instructions are as follows:

1. Go to www.etutoring.org and click on “Login Now.”
2. Then click on the Ohio eTutoring Collaborative link.
3. Find NCSC in the list of colleges and click on the link
4. LOGIN:
   - User ID: All in lowercase. Use the first five letters of your last name, your first initial, your middle initial, the month of your birth (two digits), and the day of your birth (two digits)
   - Password: Use the last six digits of your Social Security Number

FOR MORE INFORMATION:
Barb Keener  
(419) 755-4800 x3322
bkeener@ncstatecollege.edu
Fallerius 119/117
Kehoe 129

Source: www.etutoring.org
TRIO Advocacy
Ashley Benson recently traveled to Washington D.C. to participate in the Council for Opportunity in Education Leadership Summit. While in attendance, she and other members of Ohio TRIO met U.S. Representative for Ohio’s 12th Congressional District Pat Tiberi (pictured below) to discuss the value of TRIO Programs.

TRIO Student Snapshot
Student: Danielle Roberts
Personal/Academic Goal: To open a sober living community agency that is focused on assisting the entire household that is affected by addictions, whether it is with a substance or behavior.
Major: Human Services; will be graduating May 9!
What are three words which describe you? Motivated, Leader, Determined
What is your dream vacation? A cruise to Alaska
Who is your role model and why? My brother, because he has always told and showed me how not to let the negative opinions of others affect my decisions for doing what is right and what I want.
Favorite Quote/Saying: “Just because someone has more followers than you doesn’t mean they’re better than you. Hitler had millions. Jesus had 12.”
—Anonymous
If you were a cartoon character, which one would you be and why: Speedy Gonzales: because I am always on the go and move very fast.
Favorite Book: the Dictionary
People would be surprised to know that I . . . “love country music, playing scrabble, and enjoy learning new words.”

Danielle discovered her 5 Signature Strengths through the Clifton StrengthsQuest workshop series: Input, Ideation, Woo, Belief, and Relator.

Congratulations Danielle!

What is DreamSpark?
DreamSpark is a Microsoft Program that supports technical education by providing access to Microsoft software for learning, teaching and research purposes. DreamSpark is simple: it’s all about giving students Microsoft professional-level developer and designer tools at no cost so that students can chase their dreams and create the next big breakthrough in technology - or just get a head start on their career.

What is Mexican Spring Salad?
Spring Mix Salad (can add Romaine if desired)
1 Cucumber (sliced) Chopped Walnuts or Almonds
5 Radishes (sliced) Dried Cranberries
Cilantro (chopped) Feta Cheese
Dressing:
Juice of one Lime; 1/3 cup Olive Oil
Toss salad ingredients together. Mix dressing, pour over salad and toss.

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Tiffany Phillips is assisting in the TRIO office this semester. She is a Human Services major and anticipates graduating in Spring, 2015. Thanks, Tiffany, for all of your help!

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“The future belongs to those who believe in the beauty of their dreams.”
—Eleanor Roosevelt
Upcoming Events

Mock Interviews for TRIO Students
April 9         2–4 PM
April 10       9–11 AM
132 Kee Hall

Faculty/Staff In-Service Day
April 11       offices closed

Recommended deadline for FAFSA
April 18  (for Summer Semester)

Food Safety & Nutrition Workshop for TRIO Students
April 18       11 AM
127 Kee Hall

TRIO 3rd Annual Awards Banquet
April 24       4–6 PM
128 Kee Hall

Final Exams
May 5—9

Commencement
May 9

Final Fee Payment for Summer Semester
May 20

Memorial Day — College closed
May 26

Summer Semester begins
June 2

Last Day to apply for Graduation for Summer Semester
June 13

Independence Day — College closed
July 4

Recommended deadline for FAFSA
July 11  (for Fall Semester)

Last Day to withdraw Summer Semester
July 21

Last Day of Summer Semester
August 10

Final Fee Payment Fall Semester
August 12

Financial Aid Bookstore Charges begin for Fall Semester
August 19

Fall Semester begins
August 25

To RSVP for a TRIO event, TRIO students can:
• Call the TRIO office (419.755.9015);
• E-mail us at triosss@ncstatecollege.edu; or
• Stop by the TRIO office, 121 Kee Hall

NC State College
TRiO
Student Support Services
North Central State College
2441 Kenwood Circle
Mansfield, OH 44906

Like Us on Facebook
NCSC TRIO Student Support Services