

1. **Pillard and Bailey discovered that when one FRATERNAL twin is homosexual, the chance of the other being homosexual is about _____.**
 - a. 22%
 - b. 32%
 - c. 42%
 - d. 50%
 - e. 60%

2. **If you are boiling mad at another person, you should**
 - a. not talk to them.
 - b. hit them repeatedly about the head and shoulders.
 - c. vent your anger at them as soon as possible.
 - d. retaliate by putting superglue on their windshield wiper.
 - e. wait until some of your anger has died down before acting.

3. **_____ is thought to be the key stimulus leading to sexual arousal.**
 - a. Viagra
 - b. Abstinence
 - c. Touch
 - d. Fantasy
 - e. Food

4. **The explanation of human motivation proposed by Freud emphasized the importance of urges relating to**
 - a. a drive to be aggressive.
 - b. locus of control
 - c. a hierarch of needs.
 - d. a sex drive.
 - e. A and D are correct.

5. **A person whose job is dirty, exhausting, and dangerous may be under severe stress because their _____ is constantly being activated.**
 - a. emotional intelligence
 - b. emergency response
 - c. parasympathetic nervous system
 - d. display rule
 - e. reticular activating system

6. **The key components of _____ are subjective feelings, cognitive interpretation, behavioral expression, and physiological arousal.**
 - a. motivation
 - b. sensation
 - c. instinct
 - d. behavioral control
 - e. emotion

7. **The James-Lange theory of emotion suggests that**
 - a. intense emotion leads to drug abuse.
 - b. emotion can influence our physical state of arousal.
 - c. excess emotion leads to hunger.
 - d. our internal bodily responses occur at the same time as our emotions.
 - e. our physical state can influence our emotions.

8. **One of the most remarkable findings of Goleman's marshmallow study was that**
 - a. the results correlated to later SAT scores.
 - b. some four-year-olds did not like marshmallows.
 - c. those who delayed gratification tended to be shy later in life.
 - d. better students took the marshmallow more quickly.
 - e. most children waited about five minutes before eating the marshmallow.

9. **According to Daniel Goleman, the ability of a four-year-old child to delay _____ predicts their level of success in later life.**
 - a. intelligence
 - b. cognition
 - c. gratification
 - d. toilet training
 - e. embarrassment

10. **A person who visits a cafeteria to be with his friends would be said to show _____ motivation whereas another person might show _____ motivation because they are only there to get some free pizza.**
 - a. extrinsic; intrinsic
 - b. intrinsic; extrinsic
 - c. deferred; peripheral
 - d. peripheral; deferred
 - e. conscious; unconscious

11. **Masters and Johnson contributed to the study of human sexuality by**
 - a. interviewing 17,000 Americans about their sexual behavior.
 - b. directly observing and recording physiological patterns in sexual performance.
 - c. developing sexual scripts for sexual responsiveness.
 - d. looked for brain abnormalities as the cause of male homosexuality.
 - e. setting up video cameras in people's homes to measure their sexual behaviors.

12. **Identify the case below in which the more basic need is listed before the "higher" need, according to Maslow's theory of motivation.**
 - a. esteem before safety
 - b. attachment before biology
 - c. self-actualization before affiliation
 - d. affiliation before biology
 - e. attachment before esteem

13. **The process of homeostasis results in**
- an imbalance in the state of the body.
 - a fixed action pattern.
 - bodily equilibrium.
 - increased drive.
 - reduced intrinsic motivation.
14. **The ability of a _____ to deceive us will show up _____.**
- practiced liar; as a facial tic
 - depressed person; as smiling behavior
 - psychopath; as an increase in eyeblink rate
 - normally truthful person; as an averted gaze
 - car salesperson; in their style of dress
15. **According to Robert Plutchik, the experience of the emotion of "love" is a complex blend of**
- friendship and romance.
 - togetherness and care.
 - belonging and happiness.
 - joy and acceptance.
 - sincerity and commitment.
16. **The fact that widely different cultures use the same facial expressions to express different emotions would lead researchers to believe that expressions are _____ rather than _____.**
- situational; emotional
 - cognitive; biophysical
 - unreliable; reliable
 - learned; innate
 - physical; mental
17. **Maslow defined _____ as the state in which a person seeks to move beyond basic human needs in the quest for the fullest development of their potential.**
- locus of control
 - optimal arousal
 - self-actualization
 - psychoanalysis
 - drive

18. **Which factor diminishes the eating response?**
- being presented with sweet foods
 - having a low blood sugar level
 - being presented with fatty foods
 - being in the presence of others eating
 - being presented with bitter foods
19. **The _____ is an approach for effectively controlling and constructively expressing anger.**
- Integrated Anger Management
 - Achievement Motivation
 - Thematic Apperception Test
 - Locus-of-Control Orientation
 - Stress Reduction Control
20. **If you failed to eat for two days while playing the latest version of the video game Halo, it might be said that you have experienced**
- growth motivation.
 - flow.
 - an emotional breakdown.
 - lateralization of emotion.
 - overjustification.
21. **_____ is defined as the urge to engage in activity for its own sake.**
- Intrinsic motivation
 - Extrinsic motivation
 - High "n Ach"
 - Low "n Ach"
 - Locus of control
22. **The goal of both sexes, biologically speaking, is to**
- achieve orgasm.
 - create as many offspring as possible.
 - eat until full.
 - get a consistent amount of nightly sleep.
 - reduce anger and stress.
23. **A conscientious student who persistently studies interesting material in their classes would be said to be**
- demonstrating a low n Ach.
 - intrinsically motivated.
 - using an external locus of control.
 - overjustifying her behavior.
 - extrinsically motivated.

24. **Overjustification is most likely to occur when**
- Cindy is given a trophy for riding her bicycle.
 - Jan is punished for refusing to set the dinner table.
 - Marcia is asked out to her senior prom.
 - Bobby walks his dog, Tiger.
 - Peter receives a trip to Hawaii for being named Salesman Of The Year.
25. **A key step in the Integrated Anger Management program is to**
- learn to safely express anger.
 - eliminate most sources of anger.
 - understand the purpose of happiness.
 - rid oneself of realistic goals.
 - use anger in a healthy way.
26. **The _____ would explain that Charissa's decision to munch on popcorn depends on whether she enjoys popcorn, how long it has been since she last ate, and what time of day it is.**
- "stop" center concept
 - set point theory
 - multiple-systems approach
 - needs hierarchy view
 - theory of drive
27. **Which of the following was NOT a conclusion reached by Masters and Johnson?**
- Men and women have similar patterns of sexual responses, regardless of the source of arousal.
 - The psychological aspects of sexuality are as important as the physiological aspects.
 - Penis size is generally unrelated to any aspect of sexual performance (except in terms of attitude).
 - The sequence of phases of the sexual response cycle is similar in the two sexes; however, men tend to respond more quickly than women.
 - Many women can have multiple orgasms, whereas few men have this ability.
28. **Which of the following would be considered to be a motive rather than a drive?**
- religion.
 - hunger
 - thirst
 - sexuality
 - sleep

29. **Which of the following is true of the emotion of anger?**
- Only 10% of angry people show aggression.
 - There is no clinical category for a person who has high levels of anger.
 - Anger can be associated with violence.
 - Anger can have a positive effect.
 - All of the above are correct.
30. **The sympathetic nervous system**
- keeps rage and death instincts under control.
 - only operates during times of low stress.
 - permits people to react with empathy to tragic situations.
 - prepares the body to cope with a dangerous situation.
 - relaxes the body and helps digestion.
31. **The right hemisphere of the cerebral cortex is most likely to be involved when a person is**
- scared by the appearance of a spider above their head.
 - elated at their wedding reception.
 - surprised after winning \$10,000 in a lottery.
 - under pressure to complete a term paper by tomorrow.
 - depressed after the loss of the favorite pet.
32. **According to drive-reduction theory, _____ refers to the balance among the body's systems and processes.**
- optimal arousal
 - psychic energy
 - a fixed-action pattern
 - homeostasis
 - external motivation
33. **While emotion emphasizes arousal, motivation emphasizes**
- memory.
 - experience.
 - action.
 - addiction.
 - thoughts.
34. **George thought luck was the reason he did well on his exam. According to Rotter, George would have**
- negative incentive motivation.
 - an internal locus of control.
 - an external locus of control.
 - impaired motivation.
 - extrinsic motivation.

35. **A(n) _____ is a socially-learned program of sexual responsiveness.**
- a. schema
 - b. instinct
 - c. orientation
 - d. sexual script
 - e. plateau
36. **Damage to the amygdala would be expected to**
- a. blunt fear.
 - b. induce anxiety and fear.
 - c. alter language.
 - d. stimulate eating.
 - e. impair spatial ability.
37. **The hormone serotonin is implicated in the experience of _____.**
- a. disgust
 - b. fear
 - c. embarrassment
 - d. depression
 - e. anger
38. **As a result of homeostasis, a person who is tired will**
- a. fight to stay awake.
 - b. do something to distract herself.
 - c. start to become a bit moody.
 - d. talk a lot about sleep.
 - e. try to find a place to fall asleep.
39. **Hunger is to drive theory as _____ is to social-learning theory.**
- a. homeostasis
 - b. expectation
 - c. instinct
 - d. satiety
 - e. arousal
40. **Which of the following techniques is accepted as a reliable means of detecting deception?**
- a. an interview
 - b. a polygraph examination
 - c. a paper-and-pencil "integrity" test
 - d. a PET scan
 - e. none of the above are correct.

Test Name: reviewchp9zim

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2. e. wait until some of your anger has died down before acting.
3. c. Touch
4. e. A and D are correct.
5. b. emergency response
6. e. emotion
7. e. our physical state can influence our emotions.
8. a. the results correlated to later SAT scores.
9. c. gratification
10. b. intrinsic; extrinsic
11. b. directly observing and recording physiological patterns in sexual performance.
12. e. attachment before esteem
13. c. bodily equilibrium.
14. d. normally truthful person; as an averted gaze
15. d. joy and acceptance.
16. d. learned; innate
17. c. self-actualization
18. e. being presented with bitter foods
19. a. Integrated Anger Management
20. b. flow.
21. a. Intrinsic motivation
22. b. create as many offspring as possible.
23. b. intrinsically motivated.

24. a. Cindy is given a trophy for riding her bicycle.
25. a. learn to safely express anger.
26. c. multiple-systems approach
27. b. The psychological aspects of sexuality are as important as the physiological aspects.
28. a. religion.
29. e. All of the above are correct.
30. d. prepares the body to cope with a dangerous situation.
31. e. depressed after the loss of the favorite pet.
32. d. homeostasis
33. c. action.
34. c. an external locus of control.
35. d. sexual script
36. a. blunt fear.
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38. e. try to find a place to fall asleep.
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