

NORTH CENTRAL STATE COLLEGE
PSY 110 – Psychology
Course Hand out
Monday and Wednesday Classes
Fall 2009

A. Course Number and Title: **PSY 110 - Introduction to Psychology**

B. Academic Division: Business and Education

C. Department: Psychology

D. Lecture Hours: 3

E. Lab Hours: 0

F. Credit Hours: 3

G. Prerequisites: None

H. Course Description from Catalog:

PSY 110 - Introduction to Psychology: is an introductory level course and is a study of the basic principles of psychology. Among the topics surveyed are an over view of the field, sensation and perception, consciousness, learning, personality, psychological disorders, and memory. Throughout the course there is an emphasis on developing an understanding of psychology as the science of human thought and behavior and to critically evaluate “common sense” knowledge about how people function

I. Textbook(s): Psychology Core Concepts
Philip G. Zimbardo
Allyn and Bacon
Custom Edition for NCSC
OR
Psychology Core Concepts
Sixth Edition
Philip G. Zimbardo
Allyn and Bacon

J. Workbook(s) and/or Lab Manual(s): None.

K. Purpose of Course:

- To correct misconceptions about the field of psychology and to appreciate its breadth and scientific rigor.
- To develop an understanding of the scientific methods used in psychological research.
- To become familiar with basic psychological terminology and current knowledge.
- To gain an understanding of psychology’s role in modern culture.
- To learn about psychology and critical thinking not only from the readings and from the instructor, but also through interactions with other students.

L. Supplies Needed: Paper – pen – pencil (normal student equipment)

M. Course Outcomes:

The student will be able to:

1. Define psychology.
2. Identify the beliefs of the key individuals in the development of psychology.
3. Identify the assumptions of the basic approaches to psychology.
4. Describe several basic research methods
5. Define various aspects of consciousness.
6. Distinguish between the various levels of conscious activity.
7. Explain stages of sleep
8. Discuss symptoms of sleep disorders.
9. Discuss various dream theories.
10. Define hypnosis and the process of being hypnotized.
11. Discuss psychoactive drugs and substance abuse.
12. Define learning.
13. Discuss classical conditioning including US, UCS, CR, UCR.
14. Define operant conditioning.
15. Discuss positive reinforcers, negative reinforcers and punishment.
16. Compare and contrast escape and avoidance learning.
17. Discuss schedules of reinforcement.
18. Define motivation.
19. Define instinct, and how it may or may not explain behavior.
20. Defines drive, arousal and incentive.
21. Identify several theories of motivation.
22. Discuss the importance of encoding, storage, and retrieval in the memory process.
23. Define episodic, semantic procedural, explicit, and implicit memories.
24. Define short term memory (STM)
25. Define long term memory (LTM)
26. Discuss primacy and recency effects.
27. Discuss anterograde and retrograde amnesia.
28. Define personality.
29. Discuss Freud's psychodynamic approach to personality.
30. Compare and contrast various approaches to personality.
31. List criteria for abnormality.
32. Discuss explanations for psychological disorders.
33. Define any of several disorders listed in the DSM IV-TR.

All course outcomes will be assessed by any or all of the following chapter exams, classroom discussion and participation, and written assignments and/or in class presentation.

The following Core Learning Outcomes are addressed in this course:

Core Learning Outcome	
Communication - Written	X
Communication - Speech	
Culture and Community	X
Critical Thinking	X
Computer Literacy	
Computation	

Course Content: PSY 110, Introduction to Psychology, includes chapters 1,3,4,8,9,10, and 12 of the Bernstein text. The following is a suggested outline for a two (2) day a week class. *Variations in this schedule are likely to occur and will be noted in class.* Tests will occur at the conclusion of the chapter(s) noted below.

Week 1	Chapter 1 Mind, Behavior and Psychological Science	Chapter 1
Week 2	Finish Chapter 1	TEST # 1 Chapter 8 (Consciousness)
Week 3	Chapter 8	Chapter 8
Week 4	<i>Columbus Day No Classes</i>	TEST # 2 Learning Chapter 3
Week 5	Chapter 3	Chapter 3
Week 6	Chapter 3	Test #3 Chapter 9 Motivation and Emotion
Week 7	Chapter 9	Chapter9 Chapter 4 Memory
Week 8	Chapter 4 Memory	<i>Veterans Day No Classes</i>
Week 9	Test # 4 Chapter 10	Chapter 10
Week 10	Chapter 10 Personality	<i>Thanksgiving Holiday No Classes</i>
Week 11	Chapter 10/ Chapter 12	Chapter 12 Psychological Disorders
Week 12	Chapter 12	Final Exam Test # 5 Final NOT Eligible to be DROPPED!

O. Planned Activities:

PSY 110 will include class lecture, audio-visuals, class discussions, and group or individual projects and/or exercises. (Activities will vary by quarter)

P. Grading and Testing Guidelines:

There will be five (5) non-cumulative exams during the quarter. These exams will be multiple choice, and will cover material from the text as well as from class lectures and discussions (one or more test may be of special format and will be explained when it occurs). Test will occur at the conclusion of each chapter/material block. Test #5/ Final Exam will cover material covered since test #4. **Test are scheduled to coincide with the completion of the above indicated material, and will be announced at least one class meeting prior to being given. The lowest score of the five (5) exams (with the exception of the final exam) will be dropped to compute your final grade. Late Test/Make-Up Test: There will be no late or make up test if you miss a test that is the one that will be dropped. Do not miss a second exam.** The four (4) exams will be averaged together and the final grade will be based on the following scale.

WEEKLY WRITTEN RESPONSE: Each week you will be given a question based on the current chapter under discussion. You are to answer the question with at least a one (1) page response. Your answers must be typed and in 12 point type. **Each is worth ten (10) points. The total for each will carry the same weight as on test score (this score also not eligible to be dropped).** You will be given the question on the last day of class each week it is due the next class meeting.

The four (4) exams and the total from your weekly responses will be averaged together and the final grade will be based on the following scale

Grading

100-95 = A	4.00	79-77 = C	2.00
94-92 = A-	3.67	76-74 = C-	1.67
91-89 = B+	3.33	73-71 = D+	1.33
88-86 = B	3.00	70-68 = D	1.00
85-83 = B-	2.67	67-65 = D-	0.67
82-80 = C+	2.33	64- = F	0.00

Q. Attendance Requirements:

Attendance at all classes is expected. A class roster will be passed around the class during each class session. Please sign the class roster during each class meeting. Some of the material presented in this class does not appear in the textbook, but may be covered on exams. Frequent absences can adversely affect your grade in this course Many of the activities in this course will be interactive in nature. It is, therefore, important that the student attends and participates, for without each student's thoughtful involvement, the educational experience is diminished for all.

R. Other Specific Guidelines or Requirements:

It is strongly recommended that you stay current in your reading. If you do not, you may find it very difficult to absorb the material in a brief time.

S. **Statement on Disabilities**

Any student who requires reasonable accommodations related to a disability should inform the course instructor and the Coordinator of Specialized Services (Room 138 in Kee Hall; phone 419-755-4727).

Students who do not have a documented disability but who encounter difficulty in their courses are encouraged to visit the Student Success Center. The following are some of the services available to students: academic assistance, advising services, peer tutoring, personal counseling, and referral for LD testing. Students are welcome to come and discover the kinds of assistance available in the Student Success Center (Room 136 in Kee Hall; phone 419-755-4764).

T. **Statement on Withdrawals**

As a student, you are expected to attend class. If you are unable or choose not to attend class, or if for whatever reason you are unable to keep up with the requirements of a course, you need to officially drop the class at the Student Records Office. You may do this up to the end of the eighth week during a regular eleven-week quarter and up to the end of the fifth week during an eight-week term. Classes not following an eight or eleven-week schedule have different withdrawal and refund dates. Contact the Student Records Office for applicable dates. The last day to officially drop a class is listed in *Newsbriefs*, the weekly publication on campus, and is also available at the Student Records Office in Kee Hall. If you registered for classes in the Student Success Center, you should return there to officially withdraw from any classes. All other students should go to the Student Records Office to process their withdrawal from any class.

If you choose to walk away from your class without officially withdrawing from it, the faculty member teaching the class must grade your classroom performance on the material available to him or her. This normally results in an "F" grade. An "F" grade can lower your grade point average considerably depending on the total credits accumulated.

U. **Statement of Academic Dishonesty/Plagiarism/Copyright Infringement**

It is the position of the College that the responsibility for academic honesty is that of the student. It is expected that the student's work will be the product of his/her own efforts unless the student clearly indicates otherwise. Academic honesty is an important element of mature, responsible learning.

Dishonest scholarly practices include but are not limited to appropriating, in whatever form, another's work and submitting it as one's own (known as plagiarism), intentionally falsifying information, or taking another's ideas with the intention of passing these ideas off as one's own (also known as plagiarism).

In addition, cases of academic dishonesty may involve photocopied materials. Materials used may fall under the Copyright Act. Violations of said Act may subject the user and/or

the College to sanctions. If you have questions whether a particular use is in violation of the Act, please contact the office of the Vice President for Learning.

V. **Classroom Conduct**

All students are expected to demonstrate professional behavior and use language appropriate for the classroom learning experience.

NOTE: Children are inappropriate visitors in the college classroom. Therefore, please make other arrangements for their care and supervision