

**PSY 130**  
**Review Test #4 Chapter 4**

1. Cody looks to his mother for clues regarding the safety of a situation. This skill is known as social
  - A. functioning.
  - B. referencing.
  - C. positioning.
  - D. motivation.
  
2. The following physical description would most likely describe a child of what age: chubby, potbellied, and a large head relative to body size?
  - A. 1-year-old
  - B. 3-year-old
  - C. 6-year-old
  - D. 9-year-old
  
3. The brain and spinal cord are both part of the \_\_\_\_\_ nervous system.
  - A. autonomic
  - B. peripheral
  - C. primary
  - D. central
  
4. Which of the following is NOT cited in the textbook as an illness prevented or minimized by breast-feeding?
  - A. diarrhea
  - B. pneumonia
  - C. otitis media
  - D. colic
  
5. Cesarean birth rates in the United States are among the \_\_\_\_\_ in the world.
  - A. lowest
  - B. highest
  - C. average
  - D. rarest
  
6. Most babies start to sleep through the night at about what age?
  - A. 3 weeks
  - B. 6 weeks
  - C. 3 months
  - D. 6 months
  
7. The major motor achievement of infancy is
  - A. talking.
  - B. walking
  - C. running.
  - D. touching.
  
8. If an infant inherits the gene for PKU and it is left untreated, the result will be
  - A. neonatal jaundice.
  - B. hormonal imbalance.
  - C. neurological damage.
  - D. mental retardation.

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9. Three-day-old babies prefer to hear
- A. the mother's voice.
  - B. any human voice.
  - C. soothing music.
  - D. another baby's sounds.
10. An apparently normal infant who dies in his or her sleep probably suffered from
- A. sudden infant death syndrome.
  - B. respiratory distress syndrome.
  - C. hyaline membrane disease.
  - D. Down syndrome.
11. An average 4-month-old has acquired which of the following skills?
- A. rolling over
  - B. sitting unsupported
  - C. picking up small objects
  - D. standing while holding on
12. During her labor, Diana's doctor has requested that she be connected to an electronic fetal monitor which will
- A. measure the fetal heartbeat during labor and delivery.
  - B. measure fetal brain activity during birth.
  - C. reduce Diane's likelihood of cesarean delivery.
  - D. cost very little.
13. The ongoing longitudinal study in Kauai shows that the effects of low-birthweight, birth injuries, and other birth complications can be counteracted by
- A. a favorable home environment.
  - B. drug therapy.
  - C. large doses of megavitamins.
  - D. surgical intervention.
14. In a longitudinal study of extremely low-birthweight infants, those who survived tended to be
- A. smaller but to have normal cognitive functions.
  - B. of normal size and cognitive functions.
  - C. smaller and more likely to have lower cognitive functions.
  - D. normal size and more likely to have lower cognitive functions.
15. Cells that support and protect the neurons are called
- A. axons.
  - B. dendrites.
  - C. glial cells.
  - D. accessory cells.

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16. Christi craved chocolate ice cream during her pregnancy. The flavor of ice cream is transmitted to her fetus through
- A. odors.
  - B. taste.
  - C. smell.
  - D. amniotic fluid.
17. The loss of a fetus is identified as a "stillborn death" after how many weeks of gestation?
- A. 20 to 21
  - B. 23 to 24
  - C. 26 to 27
  - D. 28 to 29
18. Which of the following would be beneficial for a low-birthweight baby?
- A. being left alone except for basic care
  - B. being touched and massaged
  - C. a simple sensory environment, to avoid overstimulation
  - D. a cool environment to reduce fluid loss from sweating
19. The nervous system's communication links are called
- A. axons.
  - B. neurons.
  - C. dendrites.
  - D. synapses.
20. Which childbirth technique substitutes voluntary or learned physical responses for the fear and pain?
- A. natural
  - B. prepared
  - C. cesarean
  - D. vaginal
21. According to your textbook, which of the following statements about SIDS is TRUE?
- A. It is generally caused by choking.
  - B. It is contagious.
  - C. It is associated with maternal smoking.
  - D. It is easily prevented.
22. At what age do most infants get half or more of their sleep at night, much to the relief of their parent?
- A. 3 months
  - B. 6 months
  - C. 9 months
  - D. 12 months

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23. Disappearance of unneeded or primitive reflexes on schedule (during the first year) is a signal that the neurological pathways in the cortex have become at least partially
- A. insulated.
  - B. mature.
  - C. myelinated.
  - D. functional.
24. The method of childbirth experienced by the vast majority of mothers is a \_\_\_\_\_ delivery.
- A. vaginal
  - B. medicated
  - C. cesarean
  - D. prepared
25. Dilation of the cervix occurs during which stage of childbirth?
- A. first
  - B. second
  - C. third
  - D. fourth
26. The coating of the neural pathways with a fatty substance, which results in more efficient processing of electrical signals, is called
- A. myelination.
  - B. insulation.
  - C. maturation.
  - D. functionalization.
27. Which brain region shows the most rapid growth during the first year of life?
- A. cerebellum
  - B. brain stem
  - C. spinal cord
  - D. cerebrum
28. Breast milk is almost always the best food for newborns and is recommended for at least the first \_\_\_\_\_ months.
- A. 3
  - B. 6
  - C. 9
  - D. 12
29. Which of the following statements about the first few days of life is NOT true?
- A. Newborns tend to have dark complexions.
  - B. Babies lose as much as 10 percent of their body weight.
  - C. The baby's nose is likely to look flattened.
  - D. The baby's head may be misshapen.

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30. Breast milk is best for a baby because it can help reduce the risk of
- A. SIDS.
  - B. gene deformity.
  - C. hormonal deficiency.
  - D. colic.
31. Which of the following is likely to be heaviest at birth?
- A. firstborn girl
  - B. firstborn boy
  - C. second-born girl
  - D. second-born boy
32. Feeding a baby is a(n) \_\_\_\_\_ act as well as a physical act.
- A. mental
  - B. emotional
  - C. psychological
  - D. stressful
33. At birth, the most developed sense is \_\_\_\_\_; the least developed sense is \_\_\_\_\_.
- A. sight; touch
  - B. touch; taste
  - C. touch; sight
  - D. sight; hearing
34. An injury sustained at the time of birth is called
- A. lanugo.
  - B. vermix caseosa.
  - C. birth labor.
  - D. birth trauma.
35. Felicia is born after a 7-month gestation period. She is called a \_\_\_\_\_ infant.
- A. postterm
  - B. preterm
  - C. PKU
  - D. prefunctional
36. The neonatal period is the first \_\_\_\_\_ of life.
- A. 4 weeks
  - B. 8 weeks
  - C. 6 months
  - D. year
37. A structure deep in the temporal lobe that plays a key role in memory and related functions is the
- A. thalamus.
  - B. basil ganglia.
  - C. hippocampus.
  - D. cerebellum.

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38. An assessment of the newborn's appearance, pulse, reflex, activity, and breathing is called the
- A. Aprar.
  - B. Apgar.
  - C. Apfab.
  - D. Aprab.
39. The end of the second stage of childbirth is indicated by
- A. the initial dilation of the cervix.
  - B. the emergence of the baby from the mother's body.
  - C. the expulsion of the placenta.
  - D. contractions that occur every 8 to 10 minutes.
40. Involuntary, automatic, innate responses to stimuli are called \_\_\_\_\_ behaviors.
- A. automatic
  - B. reflex
  - C. unlearned
  - D. response

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**KEY**

1. (p. 143) B
2. (p. 129) A
3. (p. 132) D
4. (p. 130) D
5. (p. 112) B
6. (p. 116 - 117) C
7. (p. 145) B
8. (p. 116) D
9. (p. 140) A
10. (p. 125) A
11. (p. 142) A
12. (p. 112) A
13. (p. 124) A
14. (p. 121) A
15. (p. 134) C
16. (p. 140) D
17. (p. 122) B
18. (p. 121) B
19. (p. 134) D
20. (p. 112) B
21. (p. 126) C
22. (p. 116 - 117) B
23. (p. 137) C
24. (p. 112) A
25. (p. 111) A
26. (p. 136) A
27. (p. 133) A
28. (p. 130) D
29. (p. 114) A
30. (p. 130) A
31. (p. 113) D
32. (p. 130) B
33. (p. 141) C
34. (p. 118) D
35. (p. 119) B
36. (p. 113) A
37. (p. 136) C
38. (p. 113) B
39. (p. 111) B
40. (p. 137) B