

PSY 130
Review Test #11 Chapter 11

1. When 13-year-old Ted comes out of the locker room in his gym shorts, he hears some girls laughing nearby and assumes they are laughing at the way his legs look. According to Elkind, Ted's thinking reflects the operation of
 - A. an imaginary audience.
 - B. the personal fable.
 - C. indecisiveness.
 - D. transference.
2. Although most adolescents who attempt suicide do it by taking pills, the method of those who succeed is most likely to be
 - A. carbon monoxide.
 - B. an intentional car crash.
 - C. overdose of recreational drugs.
 - D. a firearm.
3. According to research described in the text, parents of high school students who earned the highest grades were likely to be
 - A. authoritarian.
 - B. authoritative.
 - C. permissive.
 - D. inconsistent.
4. At age 18, Terri is 25 percent underweight and has stopped menstruating. However, she is afraid of becoming fat. She is also overactive and obsessed with food. She is probably
 - A. anorexic.
 - B. bulimic.
 - C. schizophrenic.
 - D. suicidal.
5. After completion of treatment, many anorexics have
 - A. become fully cured.
 - B. long-term health problems.
 - C. stopped gaining weight.
 - D. overcome their depression but have not resumed menstruating.
6. The most important factor that determines whether or not a student will finish high school is
 - A. location of the school.
 - B. the student's active engagement in schooling.
 - C. family stability.
 - D. quality of the teachers.
7. The principal sign of sexual maturity in males is
 - A. growth of the penis.
 - B. production of sperm.
 - C. ejaculation of semen.
 - D. the adolescent growth spurt.

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8. Which of the following is true about the secular trend in the onset of puberty?
- A. It is probably due to better health and nutrition.
 - B. It does not appear to have a genetic limit.
 - C. It is found in nonindustrialized countries.
 - D. It is so called because it seems to be linked with decreased influence of religion.
9. Andrea, age 16, is sexually active. She does not use contraceptives but does not think that she will get pregnant. What term would Elkind use to explain this behavior?
- A. imaginary audience
 - B. personal fable
 - C. apparent hypocrisy
 - D. schizophrenia
10. The process that leads to sexual maturity is
- A. puberty.
 - B. puberty rites.
 - C. adolescence.
 - D. the secular trend.
11. Which of the following is NOT a common mineral deficiency of adolescents?
- A. calcium
 - B. zinc
 - C. iron
 - D. copper
12. In recent years, the rate of smoking among adolescents has
- A. risen.
 - B. declined.
 - C. stayed the same.
 - D. remained somewhat stable.
13. According to Elkind, adolescents find fault with their parents because
- A. their cognitive development allows them to think about ideals, and they see how their parents fall short.
 - B. they need to separate emotionally from their parents in order to leave home.
 - C. they are too self-centered to recognize their parents' good qualities.
 - D. they need to rebel against parental authority.
14. Research has found gender differences in moral judgments in early adolescence, with girls scoring _____ than boys.
- A. higher
 - B. lower
 - C. more abstractly
 - D. more concretely

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15. One of the major problems with currently existing vocational training programs is that they
- A. have limited enrollment.
 - B. do not allow students to work part-time.
 - C. are not comprehensive and not tied to the needs of the community.
 - D. cannot graduate students fast enough to fill positions in the community.
16. What does recent research suggest about the personal fable concept?
- A. Girls are more likely to exhibit this pattern of thinking than boys.
 - B. African American teenagers are less prone to the personal fable than white teenagers.
 - C. This pattern of thinking seems to be inherited genetically and to run in families.
 - D. Many adults, as well as adolescents, show this pattern of thinking.
17. Which of the following describes the major changes that occur in the brain during adolescence?
- A. stopping of brain changes
 - B. growth and pruning of gray matter
 - C. growth alone
 - D. growth of the gray matter
18. Most girls are more concerned about their _____ than any other aspect of their development.
- A. height
 - B. weight
 - C. looks
 - D. hair
19. Before the twentieth century, there was no concept of adolescence; children moved to adulthood either through physical maturity or when they began apprenticeships. Adolescence is
- A. an arbitrary state.
 - B. a sign of puberty.
 - C. a social construction.
 - D. a genetically determined stage.
20. During the past century, the onset of puberty has been coming at an earlier age in the United States and in some other countries. This is
- A. called a secular trend.
 - B. apparently related to a higher standard of living.
 - C. now leveling off.
 - D. all of these.
21. According to Piaget, adolescents are in which stage of cognitive development?
- A. sensorimotor
 - B. preoperational
 - C. formal operations
 - D. concrete operations

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22. Physical exercise affects both physical and mental health by doing all of the following EXCEPT
- A. helping build desired muscle.
 - B. reducing anxiety and stress.
 - C. decreasing time spent dealing with friends issues.
 - D. increasing feelings of confidence.
23. Adolescence begins with the onset of
- A. puberty.
 - B. menstruation.
 - C. cognitive changes.
 - D. an apprenticeship.
24. As adolescents move into the stage of formal operations, they are able to make moral judgments and plan for the future. This means they are thinking
- A. abstractly.
 - B. sophisticatedly.
 - C. realistically.
 - D. consistently.
25. Which of these groups has the highest rate of suicide?
- A. adolescent males
 - B. Native American males
 - C. African American females
 - D. depressed homosexuals
26. Which patterns of immature adolescent thought may persist into adulthood?
- A. imaginary audience and personal fable
 - B. argumentativeness and imaginary audience
 - C. apparent hypocrisy and self-consciousness
 - D. invulnerability and finding fault with authority figures
27. Primary sex characteristics are
- A. body parts directly related to reproduction.
 - B. pubic, facial, axillary, and body hair.
 - C. frequently the cause of pimples, blackheads, and acne.
 - D. the cause of the voice change.
28. The leading cause of death among U.S. teenagers, accounting for 2 of 3 deaths of 16- to 19-year-olds, is
- A. homicide.
 - B. suicide.
 - C. vehicular accidents.
 - D. cancer.

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29. Ron has internalized the moral standards of his parents and grandparents. He is concerned with being considered a good son and maintaining the social order. According to Kohlberg, Ron is in the stage of the
- A. morality of conventional role conformity.
 - B. morality of autonomous moral principles.
 - C. preconventional morality.
 - D. authoritarian morality.
30. In the United States, entry from adolescence into adulthood occurs
- A. at a set time fixed by law.
 - B. earlier than in previous centuries because of the "hurried child" phenomenon.
 - C. later than in previous centuries because of the secular trend.
 - D. at varying times, depending on what definition of adulthood is used.

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1. (p. 419) A
2. (p. 415) D
3. (p. 427) B
4. (p. 409) A
5. (p. 410 - 411) B
6. (p. 429) B
7. (p. 402) B
8. (p. 401) A
9. (p. 419) B
10. (p. 397) A
11. (p. 407) D
12. (p. 413) B
13. (p. 419) A
14. (p. 425) A
15. (p. 431) C
16. (p. 420) D
17. (p. 403) B
18. (p. 402) C
19. (p. 397) C
20. (p. 401) D
21. (p. 416) C
22. (p. 405) C
23. (p. 397) A
24. (p. 416) A
25. (p. 415) B
26. (p. 420) A
27. (p. 400) A
28. (p. 414) C
29. (p. 423) A
30. (p. 397) D