

## Things to know for TEST #1 Chapter 13

The list below is provided as an aid to prepare for the exam. Therefore, DO NOT limit your study and review to this list

Hippocrates theory of humors

- black bile
- yellow bile
- phlegm
- blood

The term “bedlam” where did it come from

What is moral therapy

Contributions of Dorothea Dix

Mesmer’s Animal Magnetism (now known as)

Development of drug therapy leads to

What is Deinstitutionalization

Therapy types

- biomedical
- psychological

Difference in mental health professionals

- psychologists
- psychiatrist
- social worker

Psychotherapy

- psychoanalytic (Freud)

Dream therapy

- (manifest / latent contents)

Transference

Carl Rogers

- real –vs- ideal self

goals of client-centered therapy

cognitive therapy

- Albert Ellis & REBT

stress inoculation training

systematic desensitization

Behavior therapy

- extinction
- token economy

Group & family therapy

Self Help (AA)

beliefs of Han Eyenck

treatment of phobias

Anti-anxiety drugs

- benzodiazepines

Anti depressant drugs (How they work)

- MAOI
- tricyclics

Antipsychotic Drugs (how they work)

side effects

- tridive dyskinesia